



# HETAC HEADLINES

February

Winter 2015

## President's Message

We are over halfway through the school year and I am inspired by the news of successes and advancements by our hardworking cadre of HECT teachers in California. Congratulations to all the newly approved A-G courses, to the re-worked lessons that promote the Common Core, to those who have taken part in workshops or who have given workshops, kudos to the FHA-HERO advisors and the hours devoted to their members and to all the fashion shows, Iron Chef competitions and all the exciting learning opportunities you have provided to your students. Hopefully you have had an opportunity to attend one of the "Common Core and HECT" workshops conducted by your President Elect Dawn Maceyka. Also, if you haven't already, it is time to get your registration in for Leadership and Management, happening June 25<sup>th</sup> through the 27<sup>th</sup> in Burlingame. The information and registration form can be found on the HECT website at HECT.org. Coming your way soon is a HETAC brochure for the recruitment of HECT teachers and a brochure promoting HECT programs. As always, feel free to contact any member



## Dawn Maceyka– President Elect

February is National CTE month. This is a great time to celebrate your programs. You can find great ideas and prepared press releases on ACTE online. Please share your ideas and photos as the month progresses. My department is holding our Annual CTE dept. showcase inviting all ninth graders to visit, this all happening at the perfect time, right before and during course selections for next year. We will also be providing dinner for the board, weekly alumni guest speakers who have flourished from our programs and our current students will be completing a career portfolio and weekly lesson created by our department [Great Oak High School](#)

### In This Issue

1. President's Message
2. HECT Professional Development
3. Liz's Corner
4. Teachers Toolbox
5. Your leadership team

# HECT Professional Development

## Culinary Arts Skills: Update and Renew Your Industry Skills

Nov 14, 15, & 16 2015, Los Angeles Technical Trade College hosted the 5th Annual Culinary Professional development weekend. These 2 1/2 days were filled with minute to minute, hands on chef demonstration and instruction. We started with **Chef Jerry Vachon** demonstrating basic knife techniques while making 5 different recipes. All of this while giving us first hand, helpful lab hints and industry background on knives and sharpening. Next was **Chef Steve Kasmir** with a demo on plating, which was our demo for the next day lab experience making and plating our own lunch. Day two was the lunch lab, bread making which included pita bread, focaccia bread and Nann with **Chef Deborah Thompson** and lastly Empanadas with **Chef James Kanemaki**. Day three ended with candy making . We experienced Carmel corn, peppermint bark and toffee with **Chef Roslyn Spence**. Always a great event attended by HECT teachers from all over the state. Nonstop 2 1/2 days and so genuinely welcomed by all the Chef's and their staff.

We are very fortunate as HECT teachers to have had the project make this connection for us and the opportunity to attend. All of the recipes made at this professional development can be found on the HECT website, professional development archives.

Look for the recipes on the HECT website under "Resources– Workshop Archives"



## Common Core and HECT: Your Window of Opportunity Workshop

I was loaded with ideas after attending the *Common Core and HECT* workshop held in San Bernardino in December. Presenters, Dawn Maceyka and Myeshia Pruitt, did a super job of interpreting Common Core goals and how to implement them in our classes.

Some of the ideas we got I could immediately use, such as the Vocabulary Cake, that had tiers of everyday, academic, and subject specific words for students to use and learn. We practiced techniques to use in the classroom that help us to check for understanding. Dawn and Myeshia put us through the paces as we wrote lesson plans that took us through all four of Daggart's Common Core Quadrants. Everyone came away with new and practical ways to incorporate and support the Common Core Standards.

If you were unable to attend the Common Core Workshop in your area, the lesson plans that were developed are coming to the HECT website, under Resources, Workshop Archives. Look for them.

By Kathleen Dickerson

**Welcome the following  
new HETAC members:**

Region 5

Annette Destefano

Region 10

Lori Briggs

Linda Silvasy

Elizabeth Nilsson

## Liz's Corner

# FIDM Articulation

Liz Aschenbrenner just received articulation from FIDM for Fashion Design II students who have 30 hours in the Elements and Principle of Design that includes color wheel creation. The contact information for those interested:

**Yvette Flores**

**Articulation Coordinator**

FIDM/Fashion Institute of Design & Merchandising  
919 South Grand Ave  
Los Angeles, CA 90015  
(213) 624-1201 | ext. 5280  
(213) 624-4799 | fax

### Communication Chairpersons Needed

It's the time of year when we need to replace some Communication Chairpersons. This year we will say good-bye to the Communication Chairs in the odd-numbered regions. We need new people to commit for two years or service for Regions 1, 5, 7, and 9. We also need a chairperson or persons for Region 8.

What would I do as a Communication Chair, you may ask? It's easy and fun. First, you need to attend the CC Training at this year's L&M Conference in June. There we'll show you how to plan two meetings for the teachers in your region. Communication Chairs who complete their duties and attend L&M are rewarded with a paid one-year membership to HETAC. To say, "Yes, I want to contribute to HETAC in this very important way," or for more information, call Kathleen Dickerson at 909.856.5992, or email, [kathleendickerson@hotmail.com](mailto:kathleendickerson@hotmail.com)



# Teacher Toolbox

**Suggested Google Apps:** CleanPrint is a free app that eliminates excess pictures and text saving “paper, ink and money”. Find it at the Google webstore.

Bookmark <http://www.stilltasty.com> for “Your Ultimate Shelf Life Guide”. Gives you immediate information on the refrigerator and freezer life of thousands of products with an easy to use search feature. The Website also has a section where questions are answered and links to related articles can be found.

The following link will take you to a website that explains about the National Institute of Health’s Medline Plus- a health information website. You can search various topics and there are often short (1 minute) videos on many topics. I often start my foods or child development class with a video or short article. You can sign up for email updates with the latest medical information; really interesting and sometimes fun. <http://www.nlm.nih.gov/medlineplus/aboutmedlineplus.html>

## **Substitutions**

**Lists ingredients that can be used as a substitute if you don’t have the ingredient or can’t use the ingredient listed in a recipe. It also has ingredients that can be substituted for people with allergies and food sensitivities. It’s free.**

## **Shopkick**

**Earn “kicks” for entering stores and/or scanning items. The app will lists stores near you and kicks add up to earn free gift cards to stores of your choice.**

## **Trivia Crack**

**For educational game fun. The game asks questions in 6 categories: Geography, Science, History, Sports, Are and Entertainment. Play between opponents and enjoy!**

# Your Leadership Team

**PRESIDENT:**

Lisa Gibson-Burson (805) 458-1841  
957 Saratoga Grover Beach 93433  
lburson@slcusd.org

**President Elect:**

Dawn Maceyka (951) 676-1458  
32165 Corte Parado Temecula 92592  
dmaceyka@tvusd.k12.ca.us

**VICE PRESIDENT:**

**Kathleen Dickerson (909) 856-5992**  
**7412 Club View Dr. Highland CA 92346**  
**kathleendickerson@hotmail.com**

**TREASURER:**

Liz Aschenbrenner Home: (209) 823-0669  
868 Mt. Vernon  
Manteca 95336  
[laschenbrenner@musd.net](mailto:laschenbrenner@musd.net)

**SECRETARY:**

Marilyn Johnson Home: (707) 628-7910  
760 Ashford Ct Vacaville CA 95687  
marilynj@vacavilleusd.org

## Your Communication Chairs

**Region 2:**  
TBA

**Region 1 & 3:**  
Marilynn Johnson  
  
(707) 628-7910  
[marilynj@vacavilleusd.org](mailto:marilynj@vacavilleusd.org)

**Region 4:**  
Dianne Goldman  
  
916- 635-1496  
[dgoldman@fcusd.org](mailto:dgoldman@fcusd.org)

**Region 5**  
  
Daniel Arias  
  
(408)-420-7747  
  
[darias@scusd.net](mailto:darias@scusd.net)

**Region 6:**  
Anne Cornell  
  
(209) 632-8156  
[acornell@turlock.k12.ca.us](mailto:acornell@turlock.k12.ca.us)

**Region 7:**  
  
Lisa Washmuth  
  
[lwashmuth@slcusd.org](mailto:lwashmuth@slcusd.org)  
  
805-528-6888

**Region 8: TBA**

**Region 9: Jennifer Sasai (714) 220-4051** [sasai\\_j@auhsd.us](mailto:sasai_j@auhsd.us)  
**Tracy Taylor (562) 301-1921** [tmerrill17@hotmail.com](mailto:tmerrill17@hotmail.com)  
  
[ttaylor@rowland.k12.ca.us](mailto:ttaylor@rowland.k12.ca.us)

**Region 10:**  
  
Betty Simpson  
  
[babs231@verizon.net](mailto:babs231@verizon.net)  
  
760-247-3229

